

My Waltham Forest Wise Owl passport

Out and about in Waltham Forest







Table of contents

Welcome	Page 3
London boroughs map	Page 4
Waltham Forest map	Page 5
Our home	Page 6
Local parks	Page 7
Libraries	Page 8
Leisure centres	Page 9
Famous people	Page 10
Old buildings	Page 12
Outdoor spaces	Page 15
Can you find?	Page 17
Can you spot?	Page 18
Calendar of activities	Page 22
Contact details	Page 28
Wise Owl stamp challenge	Page 30

Note: All information is correct at the time of print. Sometimes event details, fees, dates or times have to change for reasons that Waltham Forest Adult Learning Service has no control over. Please speak to your tutor if you would like to confirm any event details.

Welcome from Wise Owl

Dear Family,

Welcome to your Waltham Forest Wise Owl passport. The passport contains information about what you can see and do in Waltham Forest.

If you look at the calendar of activities (page 22), you will find that there are many activities on offer, most of which are free. Some of the trips you can do yourselves on a Saturday or a Sunday. Others, you will have to book in advance. Your tutor will talk to you about how to book your place.

You should be able to reach most of the places on foot or by bus. We have arranged coach trips to places further away.

When you visit a venue listed in the passport, you will get a stamp.

If you manage to visit all the places and complete the Wise Owl activities listed in the passport, you will receive a certificate and a box of organic vegetables from Hawkwood Plant Nursery.

We hope you enjoy collecting your stamps and discovering Waltham Forest.

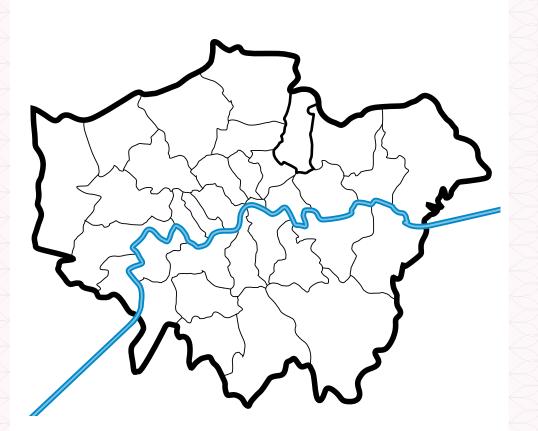
Good luck

Wise Owl



London boroughs

Waltham Forest is a borough in London. Using a coloured pencil, shade in Waltham Forest on the map below:



Waltham Forest

There are five districts in Waltham Forest. Look at the map below and shade in the district where you live:

1

2

5

The five districts are:

- 1. Chingford (red)
- 2. Highams Park (orange)
- 3. Leyton (yellow)
- 4. Leytonstone (green)
- 5. Walthamstow (blue)

3

Our home

This passport belongs to: (List the members of your family)

There are of us living together. We speak when we are at home.	We live on	(street name)
Our nearest library is: Our nearest primary school is: We live in a flat/house that was built in the century. The walls are made of There are of us living together. We speak when we are at home.	It is in	(area)
Our nearest primary school is: We live in a flat/house that was built in the century. The walls are made of There are of us living together. We speak when we are at home.	Our nearest outdoor space is:	
We live in a flat/house that was built in the century. The walls are made of There are of us living together. We speak when we are at home.	Our nearest library is:	
The walls are made of There are of us living together. We speak when we are at home.	Our nearest primary school is:	_
There are of us living together. We speak when we are at home.	We live in a flat/house that was built in the	century.
We speak when we are at home.	The walls are made of	
	There are of us living together.	
Draw a picture of what 'home' means to you:	We speak when we are at home.	
	Draw a picture of what 'home' means to you:	

6

Local parks

There are many parks in Waltham Forest. Our nearest park is:

Chingford and Highams Park

- □ Ridgeway Park
- □ The Highams Park and Highams Park Lake
- □ Memorial Park
- □ Chase Lane Park

Leyton

- Leyton Jubilee Park
- □ Abbots Park
- □ Sidmouth Park
- Drapers Field

Leytonstone

- Langthorne Park
- Church Lane Playground
- Cann Hall Park
- Epicentre Playground

Walthamstow

- Lloyd Park
- □ Stoneydown Park and Gardens
- $\hfill\square$ Bisterne Avenue Park
- □ St James Park

If your local park is not listed above, write its name here:

Ne visited	our nearest park on: _	day	date
nonth	2015		

Wise Owl task. List three things you can do in your local park:

•
<u> </u>

3.

WALTHAM FOREST

There are many libraries in Waltham Forest. Our nearest library is:

□ Hale End Library

Higham Hill Library

Lea Bridge Library

Leyton Library

Leytonstone Library

□ North Chingford Library

UWalthamstow Library

□ Wood Street Library

We visited our library on: ____day__ date month 2015



Wise Owl task. List three things you can do in the library:

8

1._____

2._____3.____

Leisure centres

Waltham Forest was one of the four Olympic boroughs during the London Olympics in 2012.

If you live in Waltham Forest and you are under 18, you can swim for free in any one of the following pools. All you need to do is visit your local leisure centre and register. It will cost you £1 to register.

Leytonstone Leisure Centre Cathall Road, E11

Chingford Leisure Centre Larkswood Leisure Park, New Road, Chingford E4

Leyton Leisure Lagoon 763 High Road, Leyton E10

Wise Owl question:

Which is your nearest leisure centre? How do you get there from your home? Can you walk or do you need to take a bus or train?



9	
7	

Famous people in Waltham Forest

Some famous people have lived in Waltham Forest.



Alfred Hitchcock was born In Leytonstone. His father owned a shop in Harrow Green Road that sold 'English and foreign fruit' and potatoes. Hitchcock became a great film director. He went on to make films that are full of suspense. If you walk through Leytonstone tube station, you will see scenes from some of his famous films depicted on the walls. Hitchcock made 57 films for the cinema and

twenty short films for television. Hitchcock was born in 1899. He died at the age of eighty one in 1980.

Wise Owl question: Is there a cinema in Waltham Forest? If so, where?





Frederick Bremer built Britain's first petrol driven car. The son of a German immigrant, he lived in Walthamstow and put the car together in a workshop behind the family's home on Connaught Road. In 1892 he drove the car out onto the streets of Walthamstow. Bremer died in 1941 and is buried at St Mary's Church in Walthamstow along with his wife Annie.

Wise Owl question: What do you think people thought when they saw the Bremer car moving down the street?

10





William Morris was a designer, writer and socialist, although he is now primarily known as a designer of wallpapers and fabrics. He was born in Walthamstow in 1834 and many people think he is the 'single most important figure in British textile production.' Morris designed hundreds of wallpapers, fabrics and tapestries. He taught himself skills such as embroidery. Many of his designs are on display in the

William Morris Gallery. William Morris died in 1896 at the age of 62.

Wise Owl question: Where did William Morris get his ideas from? Transport, religion or nature?



Old buildings in Waltham Forest

Waltham Forest has many old buildings. There is some information about some of them below.



William Morris Gallery

This Georgian mansion was built in 1760. William Morris lived here with his family from 1848 to 1856. The house was turned into a museum of Morris's life and works in 1950.

The museum is open Wednesday to

Sunday, from 10am to 5pm. Entry to the gallery is FREE.

Wise Owl question: When you get to the house, and before you go inside, look at the building from the front and write down one word that describes the house:





Town Hall

If you are at William Morris Gallery a short walk down Forest Road takes you to the Town Hall, a stunning art deco building which was completed in 1941. Unlike the William Morris gallery, which is made of brick, the Town Hall is made of Portland stone. Portland

stone was a popular building material. It was used to build the Tower of London and St Paul's Cathedral. It has been used across the world. The UN building in New York is made of Portland stone.

12

Wise Owl question: Where does Portland stone come from?





Vestry House Museum

Vestry House Museum is Waltham Forest's local history museum. It was built in 1730 as a workhouse. In the 18th and 19th centuries, workhouses were places for people who were destitute and who had nowhere to live. Adults and children

were given accommodation and food. In return they had to work.

Vestry House Museum is open Wednesday to Sunday, from 10am to 5pm. Entry to the museum is FREE.

St Mary's Church

St Mary's Church is probably the oldest building in Waltham Forest. It was founded in the 12th Century. In St Mary's churchyard you will find the tomb of a man called Edward Sully. In St Mary's graveyard there is a monument to Fisher Trent, a wealthy landowner who lived in Leyton. Both tomb and monument were made in the 18th century.

Wise Owl question: What building material was used to make the tomb and monument?





Queen Elizabeth Hunting Lodge

The Queen Elizabeth Hunting lodge is a VERY old Tudor building. It was built in 1543 during the reign of Henry VIII. Henry's daughter Elizabeth, who became Queen Elizabeth I, would often visit the lodge and go hunting. Nowadays

the Hunting Lodge is open every day from 10am to 5pm.

Wise Owl question: What animals do you think were hunted in those days?





Walthamstow Greyhound Stadium

This beautiful stadium was officially opened in 1933 by Amy Johnson who was a famous female aviator and the first woman to fly solo across the Atlantic Ocean.

Greyhound racing used to be a very popular sport in England. There would be five race meetings a week in Walthamstow Stadium. The stadium closed in 2008 and is now being redeveloped.

14

Outdoor spaces in Waltham Forest



Epping Forest

Epping Forest is an ancient wood straddling the border between North East London and Essex. Epping Forest used to be known as 'Waltham' Forest in the 12th Century when it was given legal status as a royal forest by Henry III. The king

allowed ordinary people to use the forest to gather wood and foodstuffs and to graze their animals, but only the king could hunt there.

A lovely place to have a picnic in Epping Forest is Hollow Ponds, a short walk from Leytonstone Tube station.



Suntrap Forest Education Centre

Suntrap is Waltham Forest's environmental education centre. It is located on a seven acre site on the edge of Waltham Forest. You can stroll around ponds, meadows and woodland, and visit the adventure playground. Suntrap is a wonderful place to have a picnic.



Brooks Farm

Tucked away in a quiet little area in Leyton is Brooks Farm. The farm is home to a range of animals, most of them have been rescued. It's FREE to enter if you simply want to walk round and view the animals.

The farm is open to visitors Tuesday to Sunday from 10am to 5pm.



Hawkwood Plant Nursery

Hawkwood Plant Nursery is situated just north of Chingford on the edge of the Lea Valley and near the River Lea. It grows and sells a wonderful array of fruits and vegetables, without the use of pesticides.

Wise Owl question: What's your favourite vegetable?



Leyton Orient Football Ground

Leyton Orient Football Club is a professional football club in Leyton. It was founded in 1881 and is the second oldest league club in London.

The club plays in Football League One and the players are known to their fans as the O's. The club's crest is made up of two wyverns facing each other over a football.

16

Wise Owl task: Draw a picture of a wyvern



Can you find? Wise Owl Trail

Waltham Forest is full of surprises. Pretty streets, old buildings, a river, forest, ponds. The following are all in Waltham Forest. Can you find them?

The Bremer Car

The Bremer car was the first petrol driven car in Britain. It was built in Walthamstow in 1892. In 1895 there were only about fifteen cars on Britain's roads! In 1965, the Bremer car took part in the veteran car race from London to Brighton. It completed the 87km journey in just under eight hours. It used three gallons of petrol, 12 gallons of water and half a gallon of oil.

Wise Owl question: Where is the Bremer car now?



Vinegar Alley

There is a road in old Walthamstow called Vinegar Alley. In 1665, during the great plague, people believed that if you poured vinegar everywhere, it would protect you against the plague.

Wise Owl question: What can you see when you walk down Vinegar Alley?



Moat and island

Amazingly, there is a moat in Waltham Forest. It is one of the oldest recorded historical monuments in Waltham Forest. We think it was created around 1714. It surrounds a mysterious little island which is dotted with hollies and chestnuts.

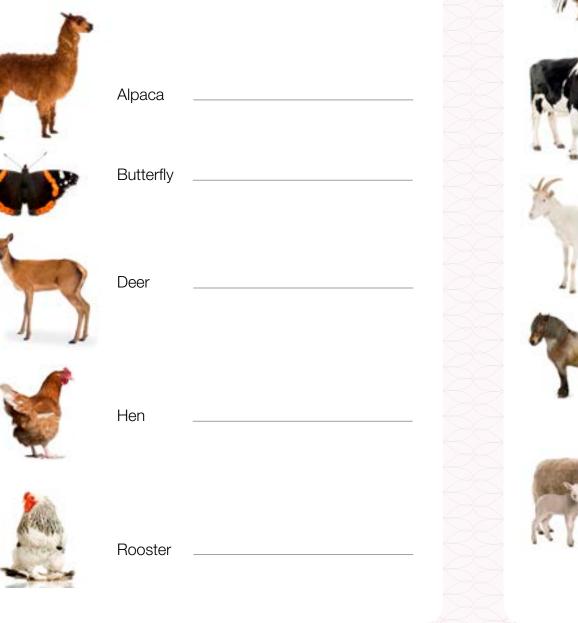
Wise Owl question: Where is the moat and island?



Can you spot?

Wise Owl question: Many animals live in Waltham Forest. How many can you spot? When you find the animal, write down where you saw it and the date.

18

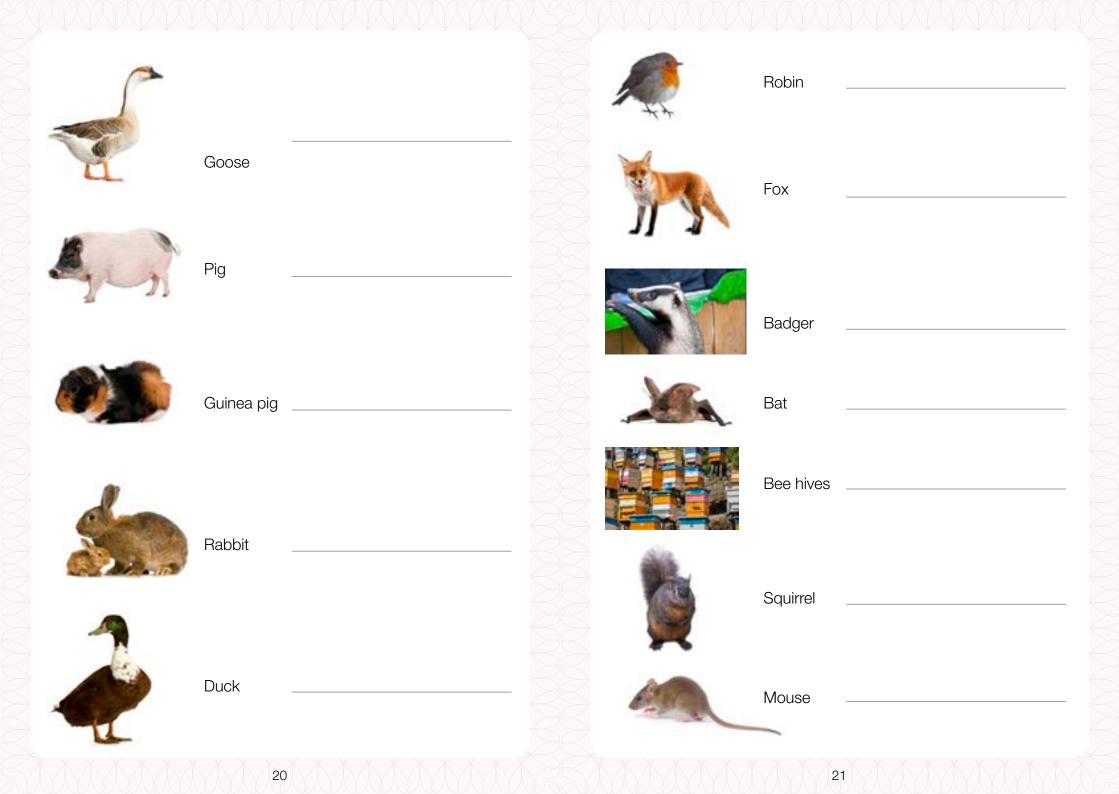




Turkey	
Cow	
Goat	

Pony

Sheep



	Date	Venue	Event	Instructions/notes	
1	Week commencing 2 February	Library and park	Introduction to the local library.	Bring proof of your address to join the library.	
	Half Term, Mo	onday 16 Februa	ary – Friday 20 Febru	ary 2015	
2	Sat 14 February 10am – 3pm	Leytonstone Learning Link	Family learning day Create a range of lovely presents for Valentine's Day.	Enrol in your ESOL class.	
3	Sun 15 February 1.30am – 4pm	Vestry House Museum	Free family learning activities.	Drop in.	
4	Sun 15 February 2pm – 4.30pm	High Beech Forest Centre	Winter Forest Family Walk. Come and see what's stirring in the forest during winter.	Free bus transport to High Beech. Pickup points: Leytonstone and Walthamstow tube stations.	
5	Mon 16 February 10am – 2pm	Waltham Forest Tour	A guided bus ride around Waltham Forest, stopping off at some of Waltham Forest's most scenic sights.	A free packed lunch will be provided.	
6	Tue 17 February 10am – 1pm	Leyton Orient multi sport activities	A wonderful opportunity for parents and children to have a go at a variety of fun sports.	Suitable for school aged children.	
7	Tue 17 February 10am – 1pm	Lloyd Park	Mardi Gras Celebration. Mardi Gras, also known as Shrove Tuesday, has a tradition of colourful carnivals. Come and make a carnival mask and have a go at pancake flipping.	Drop in and stay for as long as you like. Meet in the Community Room at the Aveling Centre, located by the cafe and play area.	

	Date	Venue	Event	Instructions/notes
8	Wed 18 February 12noon – 3pm	Queen Elizabeth Hunting Lodge	Classical elements: WATER. Water, water everywhere. Forest Life depends on water, but what do we know about its mysteries?	Information and activities for all ages £1 per person (Under 3s FREE)
9	Wed 18 February 10.30am – 3pm	Vestry House Museum	Family Learning Activities – World War 1.	Drop in and stay for as long as you like.
10	Thu 19 February 10am – 1pm	Lloyd Park	Happy Chinese New Year! Make kites to fly in the park and learn all about Chinese New Year.	Meet in the Community Room at the Aveling Centre, located by the cafe and play area.
11	Fri 20 February 12noon – 3pm	Queen Elizabeth Hunting Lodge	Family Learning Event: Divorced, beheaded, died, divorced, beheaded, survived! Learn a little more about Henry VIIIs wives and what they got up to!	'Making activities' suitable for children aged 7 or over. £1 per person (Under 3s FREE).
12	Sat 21 February 10am – 1pm	Brooks Farm	A tour of the farm and an opportunity to meet the animals!	Meet at Brooks Farm.
13	Sat 21 February 2pm – 5pm	Leyton Orient Football ground	FOOTBALL MATCH Leyton v Oldham Kickoff: 3pm.	FREE tickets for families who attended the multi sport session on Tuesday. Meet outside Leyton Tube station at 2pm.

	Date	Venue	Event	Instructions/notes		Date	Venue
14	Sun 22 February 12noon – 4pm	Hawkwood Plant Nursery	Open day.	Seasonal gardening activities.	21	Sat 28 March 10am – 1pm	Brooks Farm
	End of half te	rm			22	Sun 29	Hawkwood
5	Sat 28 February	William Morris Gallery	Family day: Enter the photo booth	Free drop in event for families of all		March 12noon – 4pm	Plant Nursery
	1pm – 4pm		and make your own family tableaux.	ages. Come along at any time between		Easter Holida	y, Tuesday 7 Aj
				1pm and 4pm and stay for as long as you like, just a quick visit or the whole three hours.	23	Tue 7 April 10am – 1pm	Leyton Orient multi sport activities
6	Sun 8 March 10am – 3pm	Queens Road Learning Centre	Women's 'Feel Good Day' To celebrate international Women's Day, come and be pampered! Have a relaxing massage, get your nails painted, make soap and scented	A wide variety of activities will be available for all women, young and old. FREE but you need to enrol.	24	Wed 8 April 1pm – 4pm	Queen Elizabeth Hunting Lodge
	Sun 8 March 1.30pm – 4pm	Vestry House Museum	candles. Free Family Learning activities.	Drop in. Stay for as long as you like.	25	Wed 8 April 10.30am – 3pm	Vestry House Museum
3	Sat 14 March	Sun trap	Family Orienteering.	Drop in session £2			0
	11am – 1pm	Centre		per person.	26	Fri 10 April 11am – 2pm	Sun trap Centre
)	Fri 20 March	1	UN French Day				Contro
	Sun 22 March 1.30pm – 4pm	Vestry House Museum	Free Family Learning activities.	Drop in. Stay for as long as you like.	27	Sun 12 April 1.30am – 4pm	Vestry House Museum
	Sun 22 March 2pm – 4pm	Queen Elizabeth Hunting Lodge	Tudor Stuff. Try out a simple Tudor art or craft activity.	'Making activities' suitable for children aged 7 or over £1 per person (Under 3s FREE).	28	Thu 16 April 11am – 2pm	Sun trap Centre

	Date	Venue	Event	Instructions/notes
21	Sat 28 March 10am – 1pm	Brooks Farm	A tour of the farm and an opportunity to meet the animals!	Meet at Brooks Farm.
22	Sun 29 March 12noon – 4pm	Hawkwood Plant Nursery	Open day.	Seasonal gardening activities.
	Easter Holida	y, Tuesday 7 Ap	ril – Friday 17 April 2	015
23	Tue 7 April 10am – 1pm	Leyton Orient multi sport activities	A wonderful opportunity for parents and children to have a go at a variety of fun sports.	Suitable for school aged children.
24	Wed 8 April 1pm – 4pm	Queen Elizabeth Hunting Lodge	Feasts and Fairs: High days and holidays through the ages. Find out how people celebrated their holidays in Epping Forest and join in our holiday making activities.	£1 per person (Under 3s FREE).
25	Wed 8 April 10.30am – 3pm	Vestry House Museum	Family Learning Day A wonderful opportunity to make a variety of arts and crafts!	Light refreshments provided.
26	Fri 10 April 11am – 2pm	Sun trap Centre	Suntrap Spring Surprise. Pond dipping and guided forest ramble.	Meet at Chingford Station for lovely leafy walk to Sun trap.
27	Sun 12 April 1.30am – 4pm	Vestry House Museum	Family Learning Activities.	Drop in. Stay as long as you like.
28	Thu 16 April 11am – 2pm	Sun trap Centre	Easter Pond. Dipping and guided Forest Walk.	£2 per person. Grounds open until 3pm for picnics.

	Date	Venue	Event	Instructions/notes	
29	Fri 17 April 11am – 1pm	Hawkwood Nursery	Visit the magnificent glasshouse, the apple orchards and the vineyard. See if the bees have started to come out!	Meet at Chingford Station at 10am. Bring a packed lunch.	
30	Sun 19 April 2pm – 4pm	Queen Elizabeth Hunting Lodge	Tudor Stuff. Try out a simple Tudor art or craft Activity.	'Making activities' suitable for children aged 7 and over. £1 per person (Under 3s FREE).	
	Mon 20 April		UN Chinese language	e Day	
Thu April 23			Shakespeare's Birthday and the UN English Language Day		
31	Sat April 25 11am – 2pm	Waltham Forest Tour	A guided bus ride around Waltham Forest, stopping off at some of Waltham Forest's most scenic sights.	A free packed lunch will be provided.	
32	Sun 26 April 12noon – 4pm	Hawkwood Plant Nursery	Open day.	Seasonal gardening activities.	
	End of Easter	Holiday			
33	Sun 10 May 1.30am – 4pm	Vestry House Museum	Family Learning Activities.	Drop in. Stay as long as you like.	
34	Sun 17 May 2pm – 4pm	Queen Elizabeth Hunting Lodge	Tudor Stuff. Try out a simple Tudor art or craft Activity.	'Making activities' suitable for children aged 7 or over. £1 per person (Under 3s FREE)	

nt	Instructions/notes		Date	Venue	Event	Instructions/notes
the magnificent	Meet at Chingford		Summer Half	Term , Monday	25 May – Friday 29 M	May 2015
shouse, the e orchards and rineyard. See	Station at 10am. Bring a packed lunch.	35	Sat 23 May 1pm – 4pm	River Lea	Boat trip down the R you need to bring a p	
e bees have ed to come out!		36	Mon 25 May 10am – 12noon and	Leytonstone Learning Link	Family Learning Day.	Enrol in your ESOL class.
r Stuff. Try out ple Tudor art	'Making activities' suitable for children		1pm – 3pm			
aft Activity.	aged 7 and over. £1 per person (Under 3s FREE).	37	Tue 26 May 10am – 12noon and 1pm – 3pm	Leytonstone Learning Link	Family Learning Day.	Enrol in your ESOL class.
Chinese language	e Day	39		Queen	Classical elements:	Information and
kespeare's Birthd ish Language Da	y		1pm – 4pm	Elizabeth Hunting Lodge	AIR. Air is all around us but what exactly is it?	activities for all ages. £1 per person (Under 3s
ided bus ride nd Waltham	A free packed lunch will be provided.					FREE).
st, stopping off me of Waltham st's most scenic		40	Wed 27 May 10.30am – 3pm	Vestry House Museum	Family Learning Day.	Drop in.
s. n day.	Seasonal gardening	41	Thu 28 May 11am – 1pm	Sun trap Centre	Pond dipping and Forest Walk.	£2 per person. Grounds open until 3pm for picnics.
	activities.					
		42	Fri 29 May 10am – 3pm	Queen Elizabeth Hunting Lodge	Family Learning event: Animal arrivals in Epping	Make your own animal to take home. £1 per
ly Learning ities.	Drop in. Stay as long as you like.				Forest. Find out about animals that have come to live	person (Under 3s FREE).
r Stuff. Try out ple Tudor art aft Activity.	'Making activities' suitable for children aged 7 or over. £1				in the forest. Make your own animal to take home.	
	per person (Under 3s FREE)	43	Sat 30 May 11am – 2pm	Leytonstone Learning Link	Family Learning Celebration and presentation of certificates and badges.	Free celebration lunch. Healthy food grown in Waltham Forest.

Contact details

Waltham Forest Adult Learning Service,

Queens Road Learning Centre, 97 Queens Road, Walthamstow E17 8QR Tel: 020 8496 2974

Leytonstone Learning Link, 23-25 North Birkbeck Road, Leytonstone E11 4JF Tel: 020 8496 1061

Leyton Neighbourhood Learning Centre,

3 The Square High Road Leyton Leyton E10 5NR Tel: 020 8496 1131

Vestry House Museum, 11 Vestry Road, Walthamstow E17 9NH Tel: 020 8496 4391

High Beech Forest Centre, High Beach IG10 4AE Tel: 020 8508 0028

Leyton Orient Football Club, Matchroom Stadium, Brisbane Rd, Leyton E10 5NF Tel: 0871 310 1881

Lloyd Park, off Forest Road (behind William Morris Gallery), Walthamstow E17 Tel: 020 8496 3000 **Queen Elizabeth Hunting Lodge,** 8 Ranger's Road, Chingford E4 7QH Tel: 020 7332 1911

Brooks Farm, Skelton's Lane Park, Leyton E10 5BS Tel: 020 8509 4636

Hawkwood Plant Nursery,

115 Hawkwood Crescent, Chingford E4 7UH Tel: 020 8524 4994

William Morris Gallery,

Lloyd Park, Forest Road, Walthamstow E17 4PP Tel: 020 8496 4390

Suntrap Forest Education Centre,

Church Road, Essex IG10 4AJ Tel: 020 8508 0611

Wise Owl stamp challenge

When you visit each of the places below, you will get a stamp. If you manage to visit ALL the places listed, you will receive a certificate, a box of delicious vegetables and a Wise Owl badge.

30

certificate, a box of delicious vegetables and a vuise OWI badge.	
William Marria Collem	Leytonstone Learning Link
William Morris Gallery	Date visited:
Date visited:	
Vestry House Museum	Another place in Waltham Forest, mentioned in the passport
Date visited:	Date visited:
Queen Elizabeth Hunting Lodge	Well done! You have successfully completed the
Date visited:	activities in the passport.
Brooks Farm	School:
Date visited:	
	Learner name:
Your local library	
Date visited:	Tutor name:
Your local park	Tutor signature:
Date visited:	
	Date completed:
A leisure centre	•
Date visited:	

Queens Road Learning Centre

Date visited:

